# WHO WE ARE

LiveWorkPlay.ca is a leading-edge charitable organization working with all sectors of the community to help welcome people with intellectual disabilities to live, work and play as valued citizens.



Help us create a community where everyone belongs!

#### **CONTACT US**





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Canada Revenue Agency Charitable Registration #896222775RR0001



# Volunteer





#### **GET INVOLVED IN YOUR COMMUNITY**

Our goal is to bring people together in the community (volunteers) and our clients (members) based on common interest and personality to help build our clients social networks. The idea is to foster relationships and social opportunities for our members and create reciprocal relationships.

## **WE WORK WITH YOU!**

Your relationship with our members will be of mutual benefit. We try to get to know our volunteers and to match each person with opportunities to make a meaningful contribution while having fun and it can work with any schedule.

### **OUR OPPORTUNITIES**

#### **One on One Matching**

This role is getting to know someone on a one to one basis doing something of common interest. We have over 50 different and exciting activities that people want to be matched for. Things like, cooking, fitness (walking, running, gym, sports), movies, coffee and chat, concerts, video games and many more. This is typically a once a week to once every other week commitment and is meant to be long term.

#### **Group Activities**

A great way to get to know many different members and other volunteers. We organize 6-10 different activities all over the city every Friday night! See a movie, go for dinner, watch a hockey game, go to the theatre...many options and locations to choose from. Go every week or once a month – this is a very flexible opportunity meant for short or long term volunteers.



### WHAT OUR VOLUNTEERS SAY ABOUT THEIR VOLUNTEER EXPERIENCE WITH LIVEWORKPLAY



"LiveWorkPlay has allowed me to meet new amazing people and discover Ottawa at the same time! It's definitely a great volunteer experience" - Batoul A., Friday Night Volunteer

"Volunteering with Liveworkplay is a joy. I always look forward to Friday night activities and the Family Feasts!" - Joelle P, Friday Night Volunteer

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"Volunteering with LiveWorkPlay has been such a humble experience filled with enriching moments!" - Justin C, One on One Match

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