

LiveWorkPlay Board Member Biographies for AGM 2023 (June 19)

Robin McIntyre is a management consultant specializing in service transformation and the implementation of large programs and projects. She is currently on an Interchange Assignment with Employment and Social Development Canada (ESDC). In this position, she develops program and project management strategies in several functional areas, including risk management. She also supports the planning and delivery of complex transformation programmes to modernize services and IT systems for Canadians.

Robin graduated from the University of Waterloo and holds a US/European patent. In 2010, she received her ICD designation from the Institute of Corporate Directors. Robin has been a regional president and board chair and president for a local not for profit organization. She dedicates her time to causes that promote healthy living and inclusion to build stronger and more vibrant communities.

Robin previously served as Chair of the Stewardship Committee and was elected Chair of the Board in June 2022.

Kate Sherwood holds Bachelor of Arts degrees from the University of Maine in International Affairs and French, including time studying in France and the French West Indies.

Kate has spent over 20 years working in both corporate and non-profit arenas, primarily in business development and marketing roles. Her experience ranges from banking and financial services to the voluntary and social support sectors.

The brands and organizations Kate has partnered with through her professional roles include some of the most recognizable names in professional sports in the US and Canada; colleges and universities across the US Northeast; major financial institutions; numerous corporate foundations; as well as international and regional non-profit agencies. Throughout her career Kate has excelled at developing rapport with her clients, understanding their goals for the partnership, aligning strategies and initiatives to achieve them and drive value for both parties. She is currently a consultant with Rise Up Strategies in Ottawa.

Kate has been a lifelong volunteer and is proud to have been involved with LiveWorkPlay since 2015 as a member of the Employment Task Force and as a member of the Board starting in 2019. Kate is the current Chair of the Governance Committee.

Jon Doody is a lawyer. He is a graduate of the University of Windsor law school in 2013. He has spent his whole career working at Bayne, Sellar, Ertel, Carter doing criminal defence. He represents clients at all levels of court in the province, doing trials in the Ontario Court of Justice and the Superior Court of Justice; and doing appeals in the Court of Appeal.

Jon represents clients from all socio-economic backgrounds and is passionate about ensuring that everyone enjoys their Charter-protected rights. Jon first became connected with LiveWorkPlay when his firm became an employer partner.

Jon is a current member of the Governance Committee.

Daniel Spagnolo is a Chartered Professional Accountant (CPA, CA) and graduate of the University of Western Ontario (B.A.C.S. – Finance and Administration and Economics). Since 2008, Daniel has worked at the Office of the Auditor General of Canada in the development of audit methodology and as an auditor specializing in the performance of special examinations of Crown Corporations.

Prior to his work in the federal government Daniel was a financial audit manager at PricewaterhouseCoopers in Toronto and Ottawa. In that capacity, Daniel developed industry knowledge and expertise in the Mining, Manufacturing, Software and Technology, Health Care, First Nations and Not-for-Profit sectors.

Daniel became involved with LiveWorkPlay as an Employment Task Force and Federal Employment Strategy Group member, and has served previously as Chair of the Board, and currently as Chair of the Stewardship Committee.

Cathy Velazquez brings more than 30 years of management experience spanning 3 highly regulated and competitive industries. A dynamic people leader and customer advocate, she has successfully led teams through significant business change and transformations.

Cathy brings a positive approach to problem-solving, creating win-win situations, strengthening relationships, and enhancing the brand. Cathy has built a solid reputation as a champion for diversity and inclusion in the workplace and the community.

Cathy first learned about LiveWorkPlay in 1998 through work placement initiatives, and first joined the Board of Directors in 2013, serving a six-year term, including time as the Chair. After a break, she found herself missing the opportunity to contribute to LiveWorkPlay, so she returned to the Board and is currently a member of the Stewardship Committee.

Andrea Saldanha is a Senior Advisor at Treasury Board of Canada Secretariat at the Centre for Greening Government. She has deepened her training in facilitation and communication. She uses this toolkit to engage with large public sector buyers across the country on green procurement. Andrea has worked on community-driven environmental initiatives for 20 years. She holds a Bachelor of Environmental Design and a Master of Science in Rural Planning.

Andrea first became involved with LiveWorkPlay in 2007, as a volunteer for Friday Night Meetups. She has also fundraised for LiveWorkPlay in her workplace and supported member and volunteer participation in the Ottawa Race Weekend. She considers it a great privilege to contribute to this great organization.

Andrea currently serves on the Governance Committee.

Carole Sheppard was matched with a LiveWorkPlay member in 2013. They have been meeting regularly ever since for rousing games of Scrabble, joke-telling, and visits to the local Lebanese bakery. She considers herself very fortunate to have had the opportunity to become friends with her match who is sweet, sensitive, and very funny.

Carole was a lawyer with the Public Prosecution Service of Canada where she worked "for a very long time" before her retirement in 2022.

Carole previously served on the Board of Directors of Service Coordination Support (SCS). Prior to that, she was a member of the Board of WaterAid, a charitable organization devoted to bringing clean water, sanitation, and hygiene education to communities in the developing world. Carole was thrilled to travel to Kenya to see some of the funded projects and meet people in the communities served.

Carole previously served as a member of the Board and the Stewardship Committee and is excited about the prospect of returning and making additional contributions in service to LiveWorkPlay members, families, and partners.