

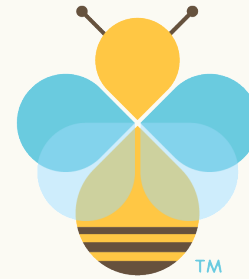
More Than Words

Changing Lives Through Person-Centred Practice

A story of learning together



LiveWorkPlay + TCE
Community Living Ontario Conference



LiveWorkPlay.ca

WHERE POSSIBILITIES TAKE FLIGHT



JUST ENOUGH SUPPORT: THE SEVEN PRINCIPLES



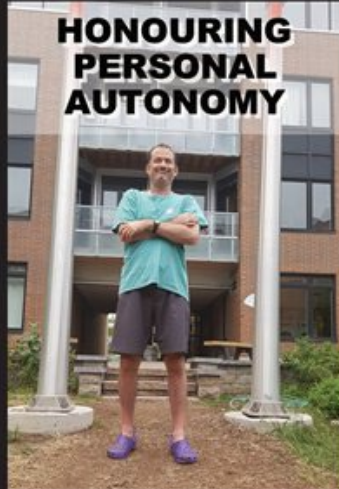
PERSON-CENTRED THINKING



ALWAYS BUILDING BRIDGES



ASSETS-BASED SOLUTIONS



HONOURING
PERSONAL
AUTONOMY



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AUTHENTIC VALUED ROLES



COMMUNITY-FIRST APPROACH



BARRIER-BUSTING TECH

7 Keys to a Good Life



Wendy Perez
Dr. Simon Duffy

7 Keys to Citizenship



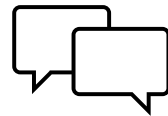
Citizen
Network

If someone observed our person-centred services for a week...

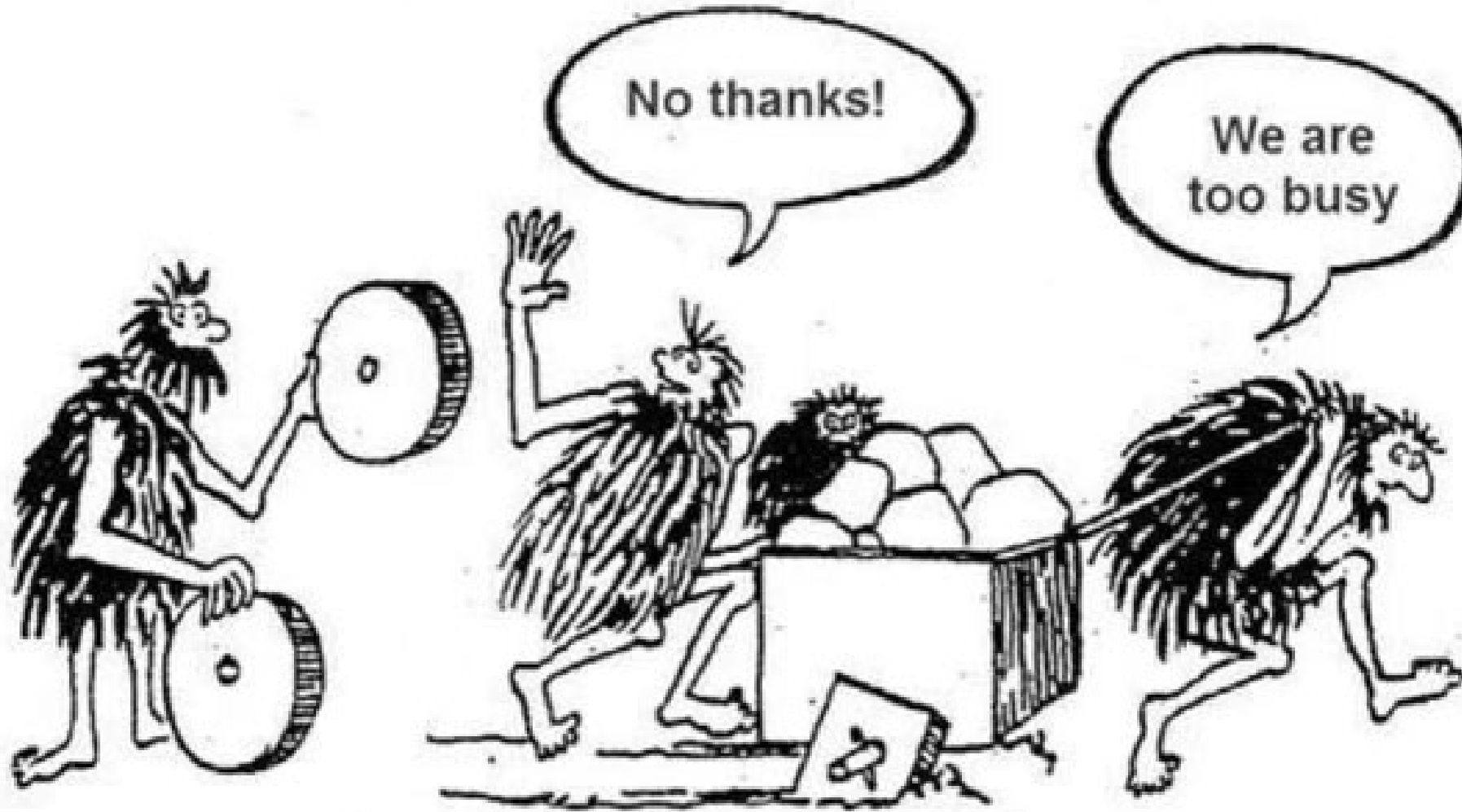


***How well would our person-centred words
match up to what we really do?***

2-minute discussion with a table partner



Why a joint learning project with TCE and LiveWorkPlay?



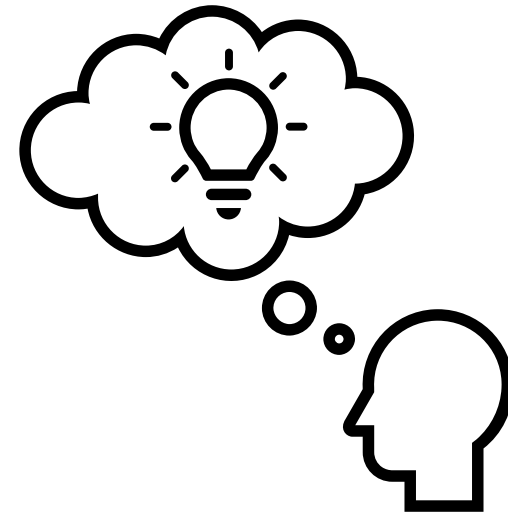


- **MISSION**
- **IMPACT**

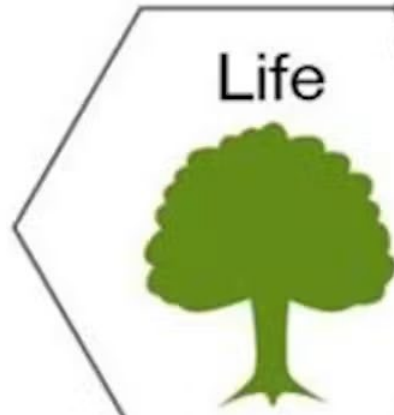
"Think of times in your life when you felt completely valued, included, and truly belonged in your community. What are the key ingredients that made that possible?"

(For this exercise think beyond biological necessity and assume basic food, shelter, health, safety)

Have a discussion with the people around you and try to come up with at least 5 answers (not more than 10)



7 Keys to a Good Life



Wendy Perez
Dr. Simon Duffy

Love



Purpose



Home

7 Keys to Citizenship

Freedom



Money

**Citizen
Network**

JUST ENOUGH SUPPORT: THE SEVEN PRINCIPLES



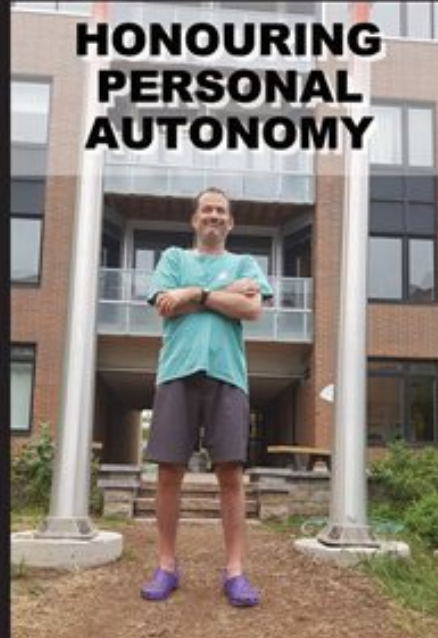
PERSON-CENTRED THINKING



ALWAYS BUILDING BRIDGES



ASSETS-BASED SOLUTIONS



**HONOURING
PERSONAL
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AUTHENTIC VALUED ROLES



COMMUNITY-FIRST APPROACH



BARRIER-BUSTING TECH

Learning and Leadership



Culture change, the right way...it's a journey!



Building a Life Around What Bill Loves

Smaller setting. More individualized opportunities. More of what matters to Bill.



Bill recently moved from a larger group home into an apartment with one roommate — a new approach for TCE!

Knowing Bill loves cars, Yvonne helped organize a visit to a local coffee that features with vintage cars.

Ya, he loved it.

Learning what Bill enjoys and helping him access the many opportunities in his community.

1 This is Mark

Mark loves pink!



Mark is a kind, social and fun person. His birthday is very important to him and he had some clear ideas about how he wanted to celebrate.

2 Making a Plan

Mark worked with staff to plan his birthday. He made choices about what was important to him:

- ☒ A pink theme – because he loves pink
- ☒ Not at his house
- ☒ Only invite the people he wanted
- ☒ Create his own invitations
- ☒ Good food, music and time with friends

"My birthday... my way!" ♥



Chosen by Mark:
✓ Where
✓ Who to invite
✓ What to do
✓ All about pink!

3 Creating Invitations

Mark designed his own special invitations to give to the people he wanted to invite.



Pink details make it special!

Mark was excited to hand out his invitations and invite the people he wanted to celebrate with.

4 A Day to Celebrate!

With his plan in place, Mark enjoyed his birthday his way – with a pink theme, people he chose, good food and lots of fun.

The best birthdays happen when people are supported to make their own choices. ♥



CHOICE
RESPECT
INCLUSION
WHAT MATTERS ♥

Exploring New Places, Discovering New Possibilities

A local thrift shop. A little planning. A big boost of confidence.

With the right support, I can do amazing things!



1. Talking About the Idea

Staff talked with me about a local thrift shop near my home. We looked at pictures, talked about what I might find, and especially about scarves — something I love!



2. Getting Familiar

Before we went, we drove past the shop a few times. Seeing it from the car helped me feel more comfortable and know what to expect.



3. Making a Plan

We talked again and made a plan — when to go, how long we would stay, what to look for, and what might help me feel comfortable. I felt ready!



Our Plan:

- ☒ Go to the thrift shop
- ☒ Look for scarves
- ☒ Take our time
- ☒ Have a break if needed
- ☒ Have fun!



4. The Big Day

We went to the local thrift shop! Staff were there to support me, and we took our time. I felt comfortable and excited to look around.



5. Finding Treasures

I found some beautiful scarves! There were so many interesting things. I really enjoyed browsing and choosing a few special items.



6. Feeling Proud

Trying something new felt really good. With the right support, time and understanding, I can explore new places, do the things I enjoy, and be part of my community.



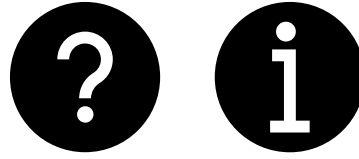
**One idea I will put into practice in my work or
one change I would like to support my organization to adopt...**



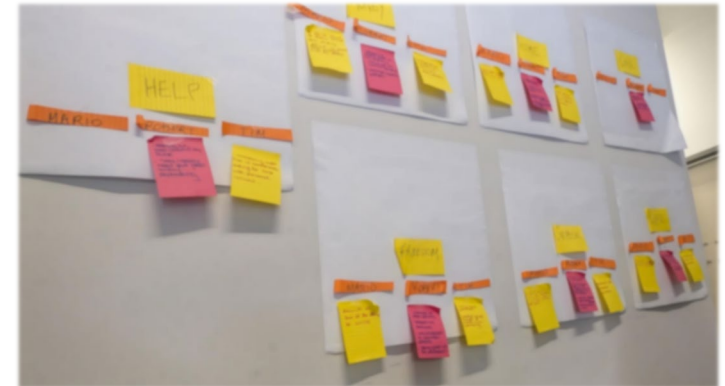
**Person-centred organizations are not defined by having all the answers.
They are defined by the courage to keep asking better questions.**

***Learning* is a mandatory person-centred practice.**





Questions about learning, implementation, resistance, culture change, or leadership? Other?



Use the QR code or bzbz.ca/tce-clo for presentation references and contact information!